

**37th CIF International Conference
Re-imagining Care: Mental Health,
Workforce Sustainability, and Lived
Experience**





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37th CIF International Conference

Re-imagining Care: Mental Health, Workforce Sustainability, and Lived Experience

27th-31st October 2027

European University Cyprus



Conference Rationale

Re-imagining Care: Mental Health, Workforce Sustainability, and Lived Experience responds to growing global concern about the mental health and wellbeing of both care professionals and the individuals, families, and communities they support. Caring professions are operating under sustained pressure arising from social inequality, workforce shortages, increasing complexity of need, and rapid systemic change.



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At the same time, service users' voices and lived experiences are increasingly recognised as essential to ethical, effective, and sustainable care. This conference brings together practitioners, researchers, service users' associations, policymakers, and academics to explore innovative, inclusive, and collaborative approaches to mental health and wellbeing in care contexts. By valuing lived experience alongside professional and academic knowledge, the conference aims to re-imagine care systems that support resilience, dignity, participation, and long-term sustainability for all.



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1. Mental Health and Wellbeing in the Caring Professions

- Burnout, compassion fatigue, moral distress, and recovery
- Emotional labour and professional identity
- Supporting wellbeing across career stages
- Supervision, reflective practice, and organisational care



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2. Workforce Sustainability and Systemic Challenges

Recruitment, retention, and workforce resilience

Organisational cultures and leadership for wellbeing

Policy responses to workforce strain

Sustainable models of care delivery



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3. Lived Experience, Participation, and Co-Production

- Involving service users and carers in service design
- Peer support and advocacy
- Power, voice, and ethical participation
- Learning from lived experience to improve care systems



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4. Trauma-Informed and Compassionate Care

Trauma-informed approaches for practitioners and service users

Preventing re-traumatisation in services

Relational and compassionate models of care

Organisational trauma and collective healing



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5. Inequality, Diversity, and Inclusive Mental Health Care

Structural inequalities and mental health

Culturally responsive and anti-oppressive
practice

Marginalised communities and access to
care

Intersectionality and lived experience



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6. Innovation, Digital Practice, and Future Directions

Digital tools supporting mental health and wellbeing

Ethical challenges in digital and hybrid care

Innovation grounded in lived experience

Re-imagining the future of care systems



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Call for Papers

We invite submissions from practitioners, researchers, educators, service users, carers, service user organisations, policymakers, advocacy groups, and postgraduate students working across the caring professions. The conference welcomes contributions that reflect diverse perspectives, methodologies, and forms of knowledge, including practice-based, research-based, and lived-experience-led work.



We particularly encourage:

Co-presentations involving professionals and service users

Practice innovations and case studies

Research papers and evaluations

Reflective and experiential contributions

Policy and systems-level analyses



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Submission formats may include:

- ✓ Oral presentations
- ✓ Panels or symposia
- ✓ Workshops
- ✓ Lived experience narratives
- ✓ Posters



ACCOMMODATION

Accommodation options will include pre-booked hotels located near the conference venue, with rates expected to range between €50 and €100 for single, double, and family rooms. Additional accommodation options, including bed-and-breakfast arrangements and limited host-family placements, will also be available.



ASTY HOTEL NICOSIA

special rates for 2026

Single room (1 person) standard: 50 Euros

Single room (1 person) with Balcony: 55 Euros

double or twin (2 person) standard: 70 Euros

double or twin (2 person) with Balcony: 75 Euros

Treble room (3 persons) 1 double+1 single beds: 90 Euros

Treble room (3 persons) 3 single beds: 90 Euros

Executive room: 140 Euros

All prizes are in Euros per room per night and include Breakfast



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Sponsorship –Special Grant

In support of international participation, CIF Cyprus has secured a special grant for two professionals from TISS India. Further details regarding eligibility and application procedures will be announced at a later stage. Additionally, applications for the Special Tourist Professional Grant Cyprus are expected to open at the end of June 2026, offering support for administrative, cultural, and conference-related activities.



REGISTRATION FEE

Conference registration fees are anticipated to range between €375 and €400. Final confirmation of fees will be announced by the end of 2026, taking into consideration ongoing global economic fluctuations.



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The 37th CIF International Conference promises to be a landmark event dedicated to rethinking care through compassion, participation, resilience, and social justice. By centring both professional expertise and lived experience, the conference seeks to contribute toward more humane, sustainable, and inclusive care systems for the future.



Hamburg 2010: 50 MORE...

Chorus:

CIF ... please tell me, what could it be?

I'm the new generation,

What's in it for me?

^^

I live in a high tech world,

Change and progress seem the main stability,

What's new today is already old,

How can you be part of my reality?

I live in a globalized world,

Abroad is just around the corner,

Where everything appears as one mold,

Where is my place in your order?

I live in a struggling material world,

“Having”, measures success,

“Being”, not easily sold,

Can I settle for less?

Chorus...

We're 50 and still survive,

We glorify the past and appreciate the present,

But the future is all yours...

To decide for 50 more!



CIF RAINBOW CYPRUS SONG

CIF a rainbow
In the sky of life
Yellow, black and white
Then you'll see the light!

What's the beauty of the rainbow?
It's inclusion of the colours!
Are you keen on all the colours?
Then your life can be a rainbow!



Here in Cyprus all together
At the Conference CIF
It's the sixth of the Millennium
Is inclusion what you want?

It's the question to discuss
In our world of CIF
Is inclusion in your nature?
Think about this...CIF